

## Self- Improvement

When you are still young and you are seeing your parents and your teachers that they look so great when they speak, as if they knew everything. And how they can communicate with other people in terms of business matters seems to be so **fluent**, and you would even think as if you are hearing **music to your ears** because of your **fascination** with their skills.

And when you are in the University, you **admire** your professors not just for how they look but mostly because of how they teach the class, the way they pronounced each words, and also how they easily adopt to co-teachers and students as well.

You starts to imagine yourself being like them, graduated in a big university, having a **well-established** career of your choice, a happy and good family of your own. However, you knew deep inside that there's still something missing in you, within you.

And that's when you finally realized that you want to learn something more. More learnings, more knowledge, more wisdom for better **judgment** in life and to your surroundings too. Then again, you asked yourself, "Where do I begin, what should I do, who should I ask for advice?"

Additional learnings in life not necessarily mean that you need to go back to the University and study another course to improve yourself. More learnings should start from you. Your attitude is also one good factor for improving yourself. Once you decided to begin, never stop and just continue.

Read interesting articles that would catch your attention and when you **encountered** new words that you are not **familiar** with, write them down in your own notebook.

Then search the dictionary for the right meaning and try to come up with your own sentence as an example. Also, try to read **aloud** your own sentence and listen to yourself. Does it sound like a music to your ears? If



yes, you are doing it correctly. And if it's not, then try and make another one until you have finally made the right one.

In all honesty, there is no secret in becoming a better person. All you need to do is learn new things every day. There's so much more to learn in life not only academically speaking but also in the real world. We also learn through our experiences in life.

And one thing more, try to use the new words you learned in your daily conversation, only if **appropriate**. And don't listen to other people if they **criticize** what you are doing. Because some people have this negative attitude that they don't want others to be more than what they are and this is called envy, a dangerous behavior. Just ignore them completely.

As what they say, practice makes it perfect. Life is a continuous stages of learning. Therefore, never stop learning, because life never stops teaching. And lastly, always be **humble** because in humility comes out a good personality.

So go ahead, feel **proud** and make yourself a better person. A better **version** of your own self.-JMM

### Vocabulary:

**Fluent** – confident, effortless

**Music to the ears** – very nice to hear

**Fascination** – attraction

**Admire** – appreciate

**Well-established** – stabled, fixed

**Judgment** – decision

**Encounter** – meet by chance

**Appropriate** – suitable, applicable

**Humble** – modest

**Criticize** - disapprove

**Version** – kind

**Proud** – pleased, satisfied

**Aloud** – out loud, verbally

**Familiar** – don't know

